



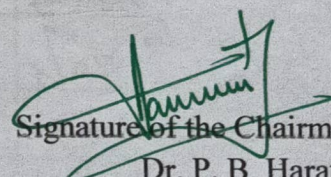
**COUNSELLING CELL
AND
COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES**

Minutes of opening meeting 2026 - 2027

Date of Meeting : 31.07.2026
Venue : PG Psychology Lab, S Block,
PSGR Krishnammal College for Women

The following points were discussed during the meeting:

1. Organize interactive, evidence-based awareness sessions to strengthen students' positive thinking, emotional resilience and adaptive coping mechanisms, aligning with the UGC's mandate for holistic student development and life-skills enhancement.
2. Implement structured psycho-educational programmes focused on mental health awareness, emotional well-being and healthy coping strategies, ensuring strict adherence to the latest UGC guidelines on student mental health and well-being in higher education.
3. Execute targeted initiatives to enhance student and faculty awareness of 'The RISE Centre for Wellbeing', clearly communicating its confidential services and establishing a robust, stigma-free referral mechanism to encourage the timely utilization of counselling support.
4. Undertake the identified initiatives in a systematic, phased manner, ensuring coordinated implementation, meticulous documentation and periodic outcome-based evaluation by concerned departments and stakeholders to maintain quality standards and accountability.


Signature of the Chairman
Dr. P. B. Harathi
Principal

PRINCIPAL

**PSGR KRISHNAMMAL COLLEGE FOR WOMEN
COIMBATORE - 641 004**



**COMMITTEE MEMBERS OF COUNSELLING CELL AND COUNSELLING OF
STUDENTS AND EXTRA CURRICULAR ACTIVITIES
2026-2027**

Chairman Dr. P. B. Harathi Principal PSGR Krishnammal College for Women Coimbatore – 641004, Mobile: 99522 07005 Email: principal@psgrkcw.ac.in	
Mrs. K. S. Paviyazhini Assistant Professor and Counseling Psychologist, Department of Psychology	
Dr. R Sudha Assistant Professor & Head, Department of Psychology	
Dr. J. Sheela Associate Professor, Center for Women's Studies	
Dr. M. Jayamala Associate Professor, Center for Women's Studies	
Dr. K. Vidyakala Assistant Professor & Head, Department of Business Administration	
Dr. P. Susheela Associate Professor & Head, Department of Zoology	
Dr. Sreeprabha Assistant Professor, GRGSMS	
Mrs. Sreejaya Mervin Advocate, Coimbatore	
Mr. N. Thiyagarajan Assistant General Manager – Admin and Accounts	
Mrs. K. Poornima Office Superintendent (Aided)	
Mr. M. Karthikeyan Assistant General Manager - HR	
Ms. Subha Shri B III BSc Psychology, Student Welfare Association Secretary	
Ms. Namrta RB III B.Sc. Psychology (SF), Dept. Secretary, Dept. of Psychology	
Dr. C. Gomathi Parent	
Dr. Sheeba Parent	

Signature of Principal