Name : K S Paviyazhini

Designation : Assistant Professor and Counselling Psychologist

Department : Psychology

Qualification : MBA., M.Sc. App Psy., M. Phil. Psy., (Ph.D. Psy)

Experience: Teaching -6.5 Years

Research : 9 Years

Area of Specialization(s) : Psychometry, Counselling and Positive Psychology, Environmental Psychology

Email (Official ID) : paviyazhini@psgrkcw.ac.in,

Academic Qualifications

Degree	Branch	Institution/ University Name	Year of
			Graduation
Ph.D.	Counselling Psychology	Government Arts College, Coimbatore	Perusing
M.Phil.	Psychology	Government Arts College, Coimbatore	2020
MSc	Psychology	Bharathiar University, Coimbatore	2015
MBA	Finance	Bharathiar University, Coimbatore	2010
B.Com	Commerce	Calicut University, Kerala	2001

Additional Qualifications

Diploma/ Vocational/ Certification	Area of Specialization	Institution/University/Agency Name	Year
Certification	Transactional Analysis (TA 101 Verification, Form 12.4.1	International Transactional Analysis Association	2018
Certification	Emotional Intelligence	NPTEL Online Certification	2018
Certification	Healing the Inner Child	ANUGRAHA, Capuchin Institute of Counselling, Psychotherapy and Research	2019
Certification	Basics of Addiction Management	NIMHANS Digital Academy	2021
Certification	Carrer Decision Making System, Differential Aptitude Test and My Choice, My Future	Pearson Academy India	2022
Certification	Level A: Basic Psychometrics	Bangladesh Psychometric Society	2024



Research Guidance

Programme	No. of Scholars	
	Completed	Pursuing
PG Dissertation	10	10

Research Publications (Indexed)

International : 1 publication in SCOPUS indexed

"Mediating role of personality dysfunction and perceived stress in the relationship between stressful life events and psychological well-being among young adult women in India", in the journal Discover Psychology, on August 2025

Other Publications: International/National

1 publication in UGC CARE indexed

➤ "Influence of Emotional Intelligence on Whole Brain Dominance and Academic Performance of 9th Std Students", in UGC Sponsored National Conference on "Recent Trends in Psychotherapy"

1 publication in conference proceedings of International Conference

➤ "Temperature Attitude of Adolescents and Adults", in 4th international conference on "Ecological Well-Being: A Psycho-Social Perspective"

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S. No	Name of the Faculty	Title of the Invention	Application No.	Date of Filing	Publication Date
-	-	-	-	-	-

Book Published

One Chapter in the book Universal Human Values and Human Rights

Book Chapter Published

One of the Author in the Book Universal Human Values and Human Rights

Short Term Course

6 Courses Completed

Letter of Appreciation

- From Palakkad District Administration for volunteering in the Kerala Flood Rescue and Relief Operations in 2018
- From GRG Polytechnic College, for being resource person in the AICTE Sponsored Short Term Training Programme for Faculty members from various colleges of Tamilnadu in 2020

- From K S Rangasamy College of Technology for providing lecture in the Students Induction Programme 2021
- ➤ From K S Rangasamy College of Technology for providing lecture for B Tech AI and DS and CSBS Students for the topic "Diversity and Inclusion in the course Business Communication and Value Science II 2022
- ➤ From Sri Sarada College for Women, Salem, Tamilnadu, for being Resource Person in the NAAC sponsored National Workshop organized by IQAC Sri Sarada College for Women, in 2023
- ➤ From Government Polytechnic College, Coimbatore for being the speaker in the Induction Programme 2024
- From Chandrakanthi Public School, Coimbatore for supporting in the Teacher Appraisal (2024 and 2025)
- > From Lions International for dedicated service at PSGR Krishnammal College for Women in 2024

Acted as a Resource Person

Resource person in 100+ sessions

Reviewer in journal

Nil

Paper Presentations in Conference

International: 2 conferences

National: 3 conferences

Presentations in Seminar

Nil

Participation in Conference

5 Conferences (National and International)

Participation in Seminars

3 seminars

Participation in Workshop

11 Workshops

Participation in Faculty Development Programme

15 FDPs

Participation in Webinar

8 Webinars

Conference/Seminar/Workshop Organized

1 International Conference, 1 Seminar, and 5 Workshops Organised

Grants

- 1. Completed: "Effect of Journaling in Optimism and association between volunteering and happiness during pandemic" from GRG Trust, Completed on 2023. Fund: 42,000/ as Principal Investigator (PI)
- 2. Co-PI for the research funded by GRG Trust in 2021 titled Effectiveness of Positive Psychological Intervention in enhancing the wellbeing and reducing the stress among college youth with subclinical personality dysfunction.
- 3. Department Coordinator for the project UGC Stride Component I Inclusive Education for Special need children, Transdisciplinary Research
- 4. Co-PI for the research funded by GRG Trust titled Screening learning difficulties: A digital paradigm for Rs.1,00,000/- (ONGOING)
- 5. Co-PI for the research funded by GRG Trust titled Campus Compass: A Framework to Foster Help-Seeking Behaviour and Mental Health Literacy in College Students for Rs.1,00,000/- (ONGOING)

Membership in Professional Bodies

Name of the Professional Body	Nature of membership	Duration
American Psychiatric Association	Registered	

Awards/Honors

Awards/Honors	Agency/Institute	Year of Award
Awarded Best Presentation	1 st International Conference of Bangladesh Psychometry Society	2021
Appreciation Award	Lions Club	2023

Indexing and Citations

H index:

Contribution

- o Department Association In-charge and BOS member
- o BoS University Nominee of CMS College of Science and Commerce
- o Member in the Regulatory Committees of PSGR Krishnammal College for Women