



PSGR
Krishnammal College for Women



COUNSELLING CELL
Minutes of opening meeting 2024-2025

Date of Meeting

: 09.07.2024

Venue

: Conference Hall,
PSGR Krishnammal College for Women

Topics discussed and resolved:

- Activities planned for 2024-2025. Encouraging student members to participate in meditation, positive thoughts through good morning messages and awareness campaigns through posters and videos.
- To continue with the Psycho-education on various psychological topics and wellbeing using virtual facilities and physical mode (subject to the situation) to motivate and enhance mental wellness of the student community.
- Spread the awareness to the students about the existence of counselling cell and support of Counseling Psychologist in the campus.
- Provide timely guidance and counselling to the identified students reported through grievance committees


Signature of the Chairman
Dr .P.Meena
Principal

PRINCIPAL
PSGR KRISHNAMMAL COLLEGE FOR WOMEN
COIMBATORE - 641 004



PSGR
Krishnammal College for Women



**COMMITTEE MEMBERS OF COUNSELLING CELL AND COUNSELLING OF STUDENTS
AND EXTRA CURRICULAR ACTIVITIES 2024-2025**

Chairman Dr. P. B. Harathi Principal, PSGR Krishnammal College for Women Coimbatore – 641004, Mobile: 99522 07005 Email: principal@psgrkcw.ac.in			
Members	Signature	Members	Signature
Mrs. K. S. Paviyazhini Assistant Professor and Counseling Psychologist Department of Psychology		Dr. Geo A Joseph Assistant Professor & Head Department of Psychology	
Dr. M. Renuka Assistant Professor Department of Tamil		Dr. M. Jayamala Associate Professor Center for Women's Studies	
Dr. J. Sheela Associate Professor Center for Women's Studies		Mrs. Sreejaya Mervin Advocate, Coimbatore	
Dr. K. Vidyakala Assistant Professor & Head Department of Business Administration		Dr. D. Susheela Associate Professor and Head Department of Zoology	
Mr. N. Thiyagarajan Senior Manager		Mrs. K. Poornima Office Superintendent (Aided)	
Mr. M. Karthikeyan Senior Manager, HR		Dr. S. Kavitha Associate Professor, GRGSMS	
Ms. Subikshaa S III B.Sc. Psychology (SF) Dept. Secretary, Dept. of Psychology		Ms. Devasri M III B.Sc. Psychology (SF) Dept. Joint Secretary, Dept. of Psychology	
Ms. Navya Chellem II B.Sc. Psychology (SF) Secretary, WBC Club		Ms. Adlin Sundradhas II B.Sc. Psychology (SF) Joint Secretary, WBC Club	
Dr. Sheeba Parent		Mrs. G. Sangeetha Parent	

Signature of the Principal




**COUNSELLING CELL
AND
COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES**

Minutes of Closing Meeting 2024-2025

Date of Meeting : 07.04.2025
Venue : Board Room-2
PSGR Krishnammal College for Women

Topics discussed:

- Continued in conducting activities peer Presentation series, Positive Thoughts through messages and awareness videos through WBC Club.
- Psychological wellbeing topics were given through webinar series and creating positivity and wellbeing among students this was periodically conducted by the Wellbeing Club.
- Counseling and guidance was given to the students through counselling psychologist.
- yoga, meditation and fitness programmes and counselling that is being conducted periodically to the students through WBC, health care and yoga Club


Signature of the Chairman
Dr. P. B. Harathi
Principal

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