

Krishnammal College for Women KCW



COUNSELLING CELL COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES

Minutes of opening meeting 2022-2023

Date of Meeting

: 05.08.2022

Venue

: Open Auditorium,

PSGR Krishnammal College for Women

Topics discussed:

- 1. Activities planned for 2022-2023. (Meditation video, Positive Thoughts through Good Morning Messages and Awareness posters and videos) focusing on community oriented research and sustainable developmental goals.
- 2. Execution of Psycho-education on various psychological topics and wellbeing using virtual facilities and physical mode (subject to the situation) to motivate and enhance mental wellness of the student community.
- 3. Organize and conduct Awareness programs to enhance positive thoughts, which can be executed through the students of WBC Club and Department of Psychology.
- 4. Spread the awareness to the students about the existence of counselling cell and support of Counseling Psychologist in the campus.

Signature of the Chairman

Dr .S. Nirmala Principal

Counselling Cell

Committee Members of Counselling Cell and Counselling of Students and Extra Curricular Activities

Chairman

Dr. (Mrs.) S. Nirmala, M.B.A., M.Phil., Ph.D

Principal

PSGR Krishnammal College for Women

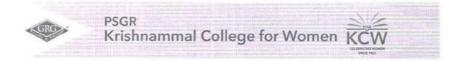
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Name	Designation	Signature
Dr. (Mrs.) R. Padmavathi, M.A., M.Phil., Ph.D	Dean – Academic Support and Alumni Relations	J. Padmavaltii
Dr. (Mr.) Jereesh K. Elias	HoD., Department of Psychology Clinical Psychologist	Deneuls
Mrs. K. S. Paviyazhini, M.B.A., M.Sc.(App.Psy.), M.Phil	Assistant Professor and Counselling Psychologist	Lapingalo
Dr .(Ms.) J. Sheela,	Assistant Professor, Center for Women's Studies	P
Dr. (Ms). M. Jayamala,	Assistant Professor, Center for Women's Studies	mt
Dr. (Mrs.) K. Vidyakala	H.O.D., Department of Business Administration	Jul -
Mrs. Sreejaya Mervin,	Advocate, Coimbatore	
Dr. (Mrs.) M. Renuka,	Assistant Professor, Department of Tamil	Mlenus
Dr. (Mrs.) D. Nalini,	H.O.D Department of Chemistry	Drawing.
Ms. Ramona Grace T	III B.Sc.,Psychology (SF) Dept. Secretary, Dept. of Psychology	Rome grant .
Ms. Ananya A J	II B.Sc. Psychology (SF) WBC Club Joint Secretary	Anadya

Ms.Alka P Chouhan	III B.Sc. Psychology (SF) WBC Club Secretary	Alka
Ms. U. Subhashini	1 MBA	
Mr. N. Thiyagarajan,	Senior Manager	Marky.
Mrs. Thelma Anto,	Head - HR & Placement	45
Dr. (Mrs.) Sushil Mary Mathews	Parent	Sulf
Dr. (Mrs.) G. Kavitha,	Parent	Jani Nei



COUNSELLING CELL AND COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES

Minutes of Closing Meeting 2022-2023

Date of Meeting

: 24.04.2023

Venue

: Open Auditorium

PSGR Krishnammal College for Women

Topics discussed:

- Online activities conducted during 2022-2023. (Meditation video, Positive Thoughts through Good Morning Messages and Awareness videos.)
- Organized and conducted activities "Peer Presentation series" through WBC Club. The main objective of the activity was to motivate the students to focus on positive thoughts and better understanding through peer groups.
- Awareness on various psychological wellbeing topics was given through webinar series and creating positivity and wellbeing among students was periodically conducted by the Wellbeing Club.
- Personal Counseling and guidance was given to the students through counselling psychologist.
- Reviewed yoga, meditation and fitness programmes and counselling is being conducted periodically to the students through WBC and yoga Club

Signature of the Chairman
Dr. P. Meena
Principal

PRINCIPAL
PSGR KRISHMAMMAL COLLEGE FOR WOMEN
COMMENTORS - 641 904

Counselling Cell

Committee Members of Counselling Cell and Counselling of Students and Extra Curricular Activities

Chairman

Dr. (Mrs.) P.Meena Principal PSGR Krishnmmal College for Women Coimbatore-641004

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Mrs.V. Lalitha,	Office Superintendent (Aided)	V. Laling
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