



**COUNSELLING CELL  
AND  
COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES**

**Minutes of opening meeting 2020-2021**

Date of Meeting : 25.11.2020

Venue : Open Auditorium,  
PSGR Krishnammal College for Women

Topics discussed:

1. Online activities conducted and planned for 2020-2021. (Meditation video, Positive Thoughts through Good Morning Messages and Awareness videos.)
2. Execution of Psycho-education on Emotional Intelligence using virtual facilities to motivate and enhance mental wellness of the student community.
3. Organize and conduct Awareness programs to enhance positive thoughts, which can be executed through the students of WBC Club and Department of Psychology.
4. Spread the awareness to the students about the existence of counselling cell and support of Counseling Psychologist in the campus.

Signature of the Chairman  
Dr .S Nirmala  
Principal

**PRINCIPAL**  
**PSGR KRISHNAMMAL COLLEGE FOR WOMEN**  
**COIMBATORE - 641 004.**

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**Chairman**

**Dr. (Mrs.) S. Nirmala, M.B.A., M.Phil., Ph.D**  
Principal  
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*S. Nirmala*

- **Dr. (Mrs.) R. Padmavathi, M.A., M.Phil., Ph.D**  
Dean – Academic Support and Alumni Relations

*R. Padmavathi*

- **Dr. (Mr.) Jereesh K. Elias**  
H.O.D., Department of Psychology and Clinical Psychologist

*J. Elias*

- **Mrs. K. S. Paviyazhini,**  
Counselling Psychologist

*K. S. Paviyazhini*

- **Dr. (Ms.) J. Sheela,**  
Assistant Professor, Center for Women's Studies

*J. Sheela*

- **Dr. (Ms.) M. Jayamala,**  
Assistant Professor, Center for Women's Studies

*M. Jayamala*

- **Dr. (Mrs.) K. Vidyakala**  
H.O.D., Department of Business Administration

*K. Vidyakala*

- **Mrs. Sreejaya Mervin,**  
Advocate, Coimbatore

- **Dr. (Mrs.) M. Renuka,**  
Assistant Professor, Department of Tamil

*M. Renuka*

- **Dr. (Mrs.) D. Nalini,**  
Assistant Professor, Department of Chemistry

*D. Nalini*

- **Ms. S. Minha Fathima,**  
II B.Sc. Psychology,  
Dept. Secretary, Dept. of Psychology

*Minha*

- **Ms. S. Shafika Fathima,**  
II B.Sc. Psychology,  
Dept. Joint Secretary, Dept. of Psychology

*Shafika Fathima*

- **Ms. Lackshana. T.,**  
II B.Sc. Psychology,  
WBC Club - Secretary
- **Ms. C. B. Harishmitha,**  
II B.Sc. Psychology,  
WBC Club - Joint Secretary
- **Mrs. V. Lalitha,**  
Office Superintendent (Aided)
- **Mr. N. Thiyagarajan,**  
Senior Manager
- **Mrs. Thelma Anto,**  
Head – HR & Placement
- **Dr. (Mrs.) G. Kavitha,**  
Parent
- **Dr. (Mrs.) Sushil Mary Mathews**  
Parent

*C.B. Harishmitha*

*V. Lalitha*

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*Thelma Anto*

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*Sushil Mary Mathews*



**COUNSELLING CELL  
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**Minutes of Closing Meeting 2020-2021**

Date of Meeting : 25.04.2021

Venue : Open Auditorium,  
PSGR Krishnammal College for Women

Topics discussed:

1. Online activities conducted during 2020-2021. (Meditation video, Positive Thoughts through Good Morning Messages and Awareness videos.)
2. Organized and conducted an activity "Reap Rewards for Positive Thoughts" through WBC Club. The main objective of the activity was to motivate the participants to focus on positive thoughts.
3. Spread the awareness to the students about the existence of counselling cell and support of Counseling Psychologist in the campus through WBC Club members.
4. Spread awareness on various psychological topics through "Weekend Webinar Series 1 – 21 – Positivity and Wellbeing"

Signature of the Chairman  
Dr .S Nirmala  
Principal

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