



**COUNSELLING CELL
AND
COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES**

Minutes of opening meeting 2021-2022

Date of Meeting : 10.08.2021

Venue : Open Auditorium,
PSGR Krishnammal College for Women

Topics discussed:

1. Activities planned for 2021-2022. (Meditation video, Positive Thoughts through Good Morning Messages and Awareness posters and videos) focusing on community oriented research and sustainable developmental goals.
2. Execution of Psycho-education on various psychological topics and wellbeing using virtual facilities and physical mode (subject to the situation) to motivate and enhance mental wellness of the student community.
3. Organize and conduct Awareness programs to enhance positive thoughts, which can be executed through the students of WBC Club and Department of Psychology.
4. Spread the awareness to the students about the existence of counselling cell and support of Counseling Psychologist in the campus.

Signature of the Chairman

Dr .S Nirmala
Principal

Counselling Cell

Committee Members of Counselling Cell and Counselling of Students and Extra Curricular Activities

Chairman

Dr. (Mrs.) S. Nirmala, M.B.A., M.Phil., Ph.D
Principal

PSGR Krishnammal College for Women

Coimbatore – 641004

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S. Nirmala

Name	Designation	Signature
Dr. (Mrs.) R. Padmavathi, M.A., M.Phil., Ph.D	Dean – Academic Support and Alumni Relations	<i>R. Padmavathi</i>
Dr. (Mr.) Jereesh K. Elias	HoD., Department of Psychology Clinical Psychologist	<i>Jereesh K. Elias</i>
Mrs. K. S. Paviyazhini, M.B.A., M.Sc.(App.Psy.), M.Phil	Assistant Professor and Counselling Psychologist	<i>K. S. Paviyazhini</i>
Dr. (Ms.) J. Sheela,	Assistant Professor, Center for Women's Studies	<i>J. Sheela</i>
Dr. (Ms.) M. Jayamala,	Assistant Professor, Center for Women's Studies	<i>M. Jayamala</i>
Dr. (Mrs.) K. Vidyakala	H.O.D., Department of Business Administration	<i>K. Vidyakala</i>
Mrs. Sreejaya Mervin,	Advocate, Coimbatore	
Dr. (Mrs.) M. Renuka,	Assistant Professor, Department of Tamil	<i>M. Renuka</i>
Dr. (Mrs.) D. Nalini,	H.O.D Department of Chemistry	<i>D. Nalini</i>
Ms. Jane Regina,	III B.Sc. Psychology, Dept. Secretary, Dept. of Psychology	<i>Jane Regina</i>
Ms. C. B. Harishmitha,	III B.Sc. Psychology , Dept Joint Secretary, Dept of Psychology	<i>Harishmitha</i>

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Ms. Alka P Chouhan.,	II B.Sc. Psychology (SF), WBC Club Secretary	<i>Alka P.</i>
Ms. Manasvini M M	II B.Sc. Psychology (SF), WBC Club Joint Secretary	<i>Manasvini</i>
Mrs.V. Lalitha,	Office Superintendent (Aided)	<i>V. Lalitha</i>
Mr. N. Thiyagarajan,	Senior Manager	<i>N. Thiyagarajan</i>
Mrs. Thelma Anto,	Head – HR & Placement	<i>Thelma</i>
Dr. (Mrs.) Sushil Mary Mathews	Parent	<i>Sushil Mary</i>
Dr. (Mrs.) G. Kavitha,	Parent	<i>G. Kavitha</i>



PSGR Krishnammal College for Women



**COUNSELLING CELL
AND
COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES**

Minutes of Closing Meeting 2021-2022

Date of Meeting : 05.05.2022
Venue : Open Auditorium,
PSGR Krishnammal College for Women

Topics discussed:

1. Online activities conducted during 2021-2022. (Meditation video, Positive Thoughts through Good Morning Messages and Awareness videos.)
2. Organized and conducted activities "Peer Presentation series" through WBC Club. The main objective of the activity was to motivate the students to focus on positive thoughts and better understanding through peer groups. Awareness was given on various psychological topics through webinar series on Positivity and Wellbeing conducted by the Wellbeing Club.
3. Personal Counseling and guidance was given to the students through counselling psychologist.
4. Reviewed yoga, meditation and fitness programmes is being conducted periodically to the students

Signature of the Chairman
Dr .S Nirmala
Principal

PRINCIPAL

**PSGR KRISHNAMMAL COLLEGE FOR WOMEN
COIMBATORE - 641 004**

Counselling Cell

Committee Members of Counselling Cell and Counselling of Students and Extra Curricular Activities

Chairman

Dr. (Mrs.) S. Nirmala, M.B.A., M.Phil., Ph.D

Principal

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Dr. (Ms) M. Jayamala,	Assistant Professor, Center for Women's Studies	<i>M. Jayamala</i>
Dr. (Mrs.) K. Vidyakala	H.O.D., Department of Business Administration	<i>K. Vidyakala</i>
Mrs. Sreejaya Mervin,	Advocate, Coimbatore	
Dr. (Mrs.) M. Renuka,	Assistant Professor, Department of Tamil	<i>M. Renuka</i>
Dr. (Mrs.) D. Nalini,	H.O.D Department of Chemistry	<i>D. Nalini</i>
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