



PSGR KRISHNAMMAL COLLEGE FOR WOMEN

College of Excellence

(An Autonomous Institution, Affiliated to Bharathiar University)
(Reaccredited with 'A' Grade by NAAC, An ISO 9001:2008 Certified Institution)
Peelamedu, Coimbatore-641004



COUNSELLING CELL AND COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES

Minutes of Opening Meeting 2017-2018

Date of Meeting : 06.07.2017
Venue : Conference Hall,
PSGR Krishnammal College for Women

Topics discussed:

1. Conducting 5mts meditation activity every day before beginning the classes through respective class Incharge.
2. Rendering awareness programs to enhance mental wellbeing with support of College Counseling Psychologist.
3. Offering guidance and counseling to needy students through the College Counseling Psychologist.
4. Providing training to Stress Management Program to faculty members.

Signature of the Chairman
Dr .S Nirmala
Principal

PRINCIPAL
PSGR KRISHNAMMAL COLLEGE FOR WOMEN
COIMBATORE - 641 004.

MEMBERS

Chairman

Dr. (Mrs.) S. Nirmala, M.B.A., M.Phil., Ph.D

Principal

PSGR Krishnammal College for Women

Coimbatore - 641004

Mobile: 9994566911

Email: principal@psgrkc.ac.in

S. Nirmala

- **Dr. (Mrs.) R.Padmavathi,**
Dean – Academic Support and Alumni Relations
- **Mrs. K.S.Paviyazhini,**
Counseling Psychologist
- **Dr. (Ms.) J.Sheela,**
Assistant Professor, Center for Women's Studies
- **Dr. (Ms.) M. Jayamala,**
Assistant Professor, Center for Women's Studies
- **Dr. (Mrs.) K.Vidyakala**
Assistant Professor, Department of Business Administration
- **Mrs. Sreejaya Mervin,**
Advocate, Coimbatore
- **Dr. (Mrs.) Subramanian Chitra,**
H.O.D., Department of Chemistry
- **Dr. (Mrs.) M.Renuka,**
Department of Tamil
- **Mrs. V.Lalitha,**
Office Superintendent (Aided)
- **Mr. N.Thiyagarajan,**
Senior Manager
- **Mrs. Thelma Anto,**
Senior Manager HR & Placement
- **Dr. (Mrs.) R.Sujatha,**
Parent

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- **Mrs. R.Mallika,**
Parent
- **Ms. S.Sonali,**
III B.Com.(AM), President
- **Ms. S.Vinitha,**
III BBA (IB), Vice President
- **Ms.S.Geethanjali,**
II B.Com. (SF), General Secretary
- **Ms. R.Preethi**
III B.Sc. Physics, Fine Arts Secretary

Mallika

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COUNSELLING CELL AND COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES

Minutes of Closing Meeting 2017-2018

Date of Meeting : 22.03.2018

Venue : Conference Hall,
PSGR Krishnammal College for Women

Topics Discussed:

1. Practice of "Five minutes Mindful Meditation" with the support of respective class Incharge.
2. Discussion on other group activities conducted during 2017-2018. (Counselling Report Attached herewith).
3. Formation of a club under the name of "Well-Being Campaigner Club" under the guidance of Counseling Psychologist Mrs. K. S. Paviyazhini, for the smooth execution of wellbeing activities inside the campus.
4. Awareness programme on drug abuse, self- defence and disaster management are conducted with the help of Aram Foundation, Vivekananda Kendra and other service organizations.
5. The students are given chances to channelize their enthusiasm through their participation in the other academic clubs for their Vertical and Horizontal Profile development.

Signature of the Chairman

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