

**Name:Dr.M.Jayachitra**

Designation: Director of Physical Education

Department: Physical Education

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### **Academic credentials**

B.P.E.S	- Madras University	- 2002
M.P.Ed	- Madras University	- 2004
M.Phil	- Annamalai University	- 2006
M.Sc (yoga)	- TNPES University	- 2010
Ph.D	- TNPES University	- 2011
NET	- UGC	- 2011

### **Experience**

16 years experience

- ❖ Worked as a **Physical Directress** in the Vivekananda College of Engineering for Women from 09/06/2004 to 22/06/2006. (**2Years**)
- ❖ Worked as a **Lecturer** in the Vivekananda College of Physical Education for Women from 23/06/2006 to 13/12/2007. (**1Year& 6Months**)
- ❖ Worked as a **Lecturer** in Sri Sarada College of Physical Education for Women from 14/12/2007to 11/09/2012. (**5Years**)
- ❖ Worked as a part time **Yoga Instructor** in the International school of Kiddybear Academy, Salem from 01/06/2010 to 10/09/2012.
- ❖ Worked as a part time **Aerobic Instructor** in the International school of Kiddy bear Academy, Salem from 01/06/2010 to 10/09/2012.
- ❖ Director of "**Yoga-Deghalaya**", organization for women's health, Salem which offers yoga and aerobics classes exclusively for women from 01/06/2010 to 10/09/2012.
- ❖ Working as a **Director of Physical Education** (Govt. Aided) in PSGR Krishnammal College for Women, from 12/09/2012.

### **Area of Interest / Research**

Sports, Physical Education, Health Education, Psychology and Yoga

### **Research Guidance**

- 4 Scholars Pursuing Ph.D (Part Time) in Physical Education under the guidance of Dr.M.Jayachitra.

### **Research Projects [and outcome]**

NA

### **Patent/ Copyright**

NA

### **Publications**

10 Papers Published in journals

1 Text Book published entitled as "Computer Application in Physical Education"

### **Paper Presentation in International Conferences**

4 papers presented

**Consultancy**

NA

**International Visits**

NA

**Membership**

Member in International Physical Education Federation  
Member in selection committee to recruit physical director regular post in Emerald College  
Committee Member to select Bharathiar University sports teams

**Awards/Recognition**

Awarded as Best Faculty in Physical Education by Nature Science Foundation  
Invited as Chief Guest for Sports Day in various colleges  
Invited as Resource Person for MHRD Sponsored Faculty Development Program at KSR College  
Accompanied as Coach and Team Manager for Bharathiar University Sports Teams  
Organized national level conference sponsored with Rs 1,20,000/- by National Commission for Women  
National Level Basketball and Handball Player